

COUNTY OF PLACER
DEPARTMENT OF HEALTH AND HUMAN SERVICES



RICHARD KNECHT, M.S.
DIRECTOR, CHILDREN'S SYSTEM OF CARE



MAUREEN F. BAUMAN,
L.C.S.W.
DIRECTOR, ADULT SYSTEM OF CARE

April 22, 2009

**RE: Mental Health Services Act (MHSA)/Prop. 63
2009-2010 Annual Plan**

Dear Placer County Community Member:

Attached please find a copy of the Placer County MHSA 2009-2010 Annual Update.
This Plan covers the services and activities provided in 2007-2008 and outlines programs that will be provided 2009-2010.

About MHSA and the Campaign for Community Wellness

The Mental Health Services Act (MHSA) is one of several initiatives currently underway in Placer County working to transform mental health services. Together, these various funding streams and initiatives are part of a coordination effort called the Campaign for Community Wellness. The overall goal of the Campaign for Community Wellness is to transform and support traditional and non-traditional mental health services in Placer County that use innovative, collaborative, culturally competent and consumer-guided approaches. For more information about the Campaign or MHSA/Prop 63 please visit: www.campaignforcommunitywellness.org

About Placer's Community Services and Supports (CSS) Plan

Placer County continues to implement the Community Services and Supports Plan in 08/09. Reports on the following 7 components will be included in this report:

1. Rallying Around Families Together (RAFT) – a Full Service Partnership for children,
2. Full Service Partnerships serving: Placer Transition Age Youth, Adults, and Older Adults,
3. Lake Tahoe System Development,
4. System Transformation (co-occurring, resiliency/recovery, cultural competency, and family/client driven system development strategies), and
5. Mental Health Crisis Response and Triage.

Transforming the Mental Health System

*System Transformation has 6 components:

1. Training for staff, providers, consumers, families on the principles of the recovery model.
2. Leadership development for consumers, families & Consumer Council
3. Peer support programming---Welcome Center
4. Latino Leadership Council
5. Consumer Navigators
6. Youth Coalition

About Placer's Workforce Education and Training Plan

Proposed education, training and workforce development programs and activities contribute to developing and maintaining a culturally competent workforce, to include individuals with client and family member experience who are capable of providing client- and family-driven services that promote wellness, recovery, and resiliency, leading to measurable, values-driven outcomes. This Workforce Education and Training component has been developed with stakeholders and public participation.

About Placer's Prevention and Early Intervention Plan

The three projects included in this plan is:

1. **Ready for Success Project** – This youth development and parent support project focuses on programs that give children, youth, transition-age youth and caregivers the tools necessary to reduce risk factors and improve their family, school and social functioning.
2. **Bye Bye Blues Project** – The Reducing Depression and Suicide Project focuses on using culturally and age competent counseling, screening and evaluation, therapy, and Native American cultural healing programs, in order to increase the number of individuals identified with depression, respond to the source of their depression, and ultimately reduce the rate of suicide in our community.
3. **Bridges to Wellness Project** – The Stigma Reduction, Awareness and Linking to Resources Project will reduce stigma around mental illness, provide access to resources through education, outreach, website resources, and social marketing.

We Appreciate Your Feedback

In an effort to continually improve this Plan through community input, we welcome your comments. Below are the various ways to submit your ideas. All written comments (including email) must be submitted by May 18, 2009 at 5 PM.

Ways to give input.

By Mail

Michele Zavoras
Health and Human Services/Adult System of Care
101 Cirby Hills Drive
Roseville, CA 95678

Transforming the Mental Health System

By Email

mzavoras@placer.ca.gov

In Person

Placer County Mental Health, Alcohol and Drug Advisory Board Public Hearing

May 18, 2009 at 6 PM

Community Development Resource Center (CDRC)

3091 County Center Drive

(Corner of Bell and Richardson in the Dewitt Center)

Auburn, CA 95603

Spanish translation available upon request

Call Michele for more info: PH: 916-787-8830

Thank you for your continued interest and assistance toward improving the quality of life for individuals in our community and their families who are living with mental illness. Together, we can transform mental health services in Placer County.

Sincerely,

Maureen F. Bauman, L.C.S.W., M.P.A.
Mental Health Director

Attachment: Placer County MHSA 2009-2010 Annual Update

Transforming the Mental Health System