

PEI Workgroup (MHSA Children & Youth) Meeting Notes - January 25, 2008

✓ Contact Chris Dunbaugh – Mental Health at Juvenile Hall....

➤ *"What Are They At Risk For?"*

Age 0-3

- Trauma & attachment disrupt
- Abuse-neglect
- Kindergarten readiness
- Misdiagnosis/medication
- Nutrition
- Literacy (illiteracy)
- SIDs
- Risk of Removal
- Parental ignorance
- Smoking exposure
- Homelessness
- Boredom

Pre-K to 3rd

- School failure
- Bullying
- Truancy
- Abuse-neglect
- Meds/immunizations
- Exposure to violence
- Exposure to drug use/smoking
- Stigma
- Isolation
- Lack of early recognition
- Under socialization/social skills
- Homelessness
- Boredom

➤ **"What Are They At Risk For?"**

Early Adolescence 7th/9th

- Racism/homophobia
- Drug use/alcohol/addiction
- Truancy/dropping/school failure
- Promiscuity/pregnancy/STD/lack of sexual education-info
- Negative peer pressure
- Dating violence
- Bullying
- Gangs/violence/cultural allegiance
- Isolation
- Incarceration/removal from home
- Suicide
- Lack of parental involvement
- Depression/cutting
- Misdiagnosis/over medicating
- Homelessness
- Unhealthy relationships/sexual molestation
- Gambling/pornography on internet
- Eating disorders
- Lack of identity/low self-esteem
- Socialization
- Expulsion
- Boredom

Transition Age Youth

- Pressure to achieve
- Drug use/addiction
- Truancy/drop out (*Latino youth*)
- Pregnancy/STD
- Social pressure
- Dating violence
- Discrimination/stigmatization
- Pressure of fines
- Isolation
- Incarceration
- Suicide
- Lack of basic life skills
- Lack of parental involvement
- Lack of career goals
- Lack of employment opportunities
- Lack of transition from CSOC → ASOC

- Lack of access
- Boredom

Transition Age Youth (continued)

- Lack of access to drivers education
- Lack of self-advocacy skills
- Prostitution
- Depression & fear
- Homelessness
- Unhealthy relationships
- Gambling
- Identity crisis
- Social pressure
- Expulsion

What Conditions Are We Trying To Achieve?

- Help youth tap into innate well-being/empowered
- Create healthy relationships/violence-free attachment
- Healthy decision making
- Parent education
- Listening to needs
- Connection to one adult
- Community supports positive identity (*create healthy community*)
- Stronger partnership between systems
- Increased access/awareness to service
- Discover/support strengths
- Promote existing resources
- Positive and supportive programs (*Outward Bound*)
- Values faith
- Respect

Children and Youth:

- Stressed Families
- School Failure
- Juvenile Justice

} All identified risk factors

Strategies

- ✓ 0-3...In-home support services
- ✓ K-3...Mentorship (special friends)/in-home support
- ✓ 8-9...Mentorship
- ✓ TAY..Mentorship
- Mentorship: Pre K-3; 6-7; 8-9 & TAY
- After school activities
- In-home support: Pre K-3

- Service Learning
- Parenting education – all parental attachment
- Cultural education: all
- Developmental screening: 0-3

- Social skills training: all
- Positive youth development/asset building: all
- Cross generational (ages): all
- Family approaches: all
- Recovery approaches (N/A, AA, etc.): all
- Self-advocacy/empowerment
- Dealing w/emotion (e.g. anger management)
- Public education
- Teacher education/frontline education
- Consumer involvement
- Child care provider education
- Art & music
- Educate policy makers

Next Meeting

Friday, February 8, 2008, 11 am to 1 pm at the PCOE Annex, Alpine Room