

## Campaign for Community Wellness Prevention and Early Intervention



### Work Group: Depression & Suicide, Tahoe group, Feb. 25, 2008

	Priority Populations and why they are at risk	Where do you go for crisis?	Innovative Strategies for support	Where should additional information be available?
1	<ul style="list-style-type: none"> <li>Low-income families</li> <li>Incomes less than \$50k per year</li> </ul>	<ul style="list-style-type: none"> <li>Pastor</li> <li>Friends and Family</li> <li>Professional with special knowledge</li> </ul>	<ul style="list-style-type: none"> <li>Welcome Wagon introducing opportunities, resources etc,                             <ul style="list-style-type: none"> <li>Follow up visit</li> </ul> </li> <li>Increase locals' discounts</li> </ul>	<ul style="list-style-type: none"> <li>WIC for postpartum depression</li> <li>Churches</li> <li>Library</li> <li>Schools could have real counselors</li> <li>FRC's</li> <li>BGCNLT</li> <li>TWS</li> <li>Promotoras</li> <li>Co-workers</li> <li>Police, Paramedics, Fire Departments</li> <li>Animal Control</li> <li>Pediatricians/OB Gyn's</li> <li>Doctors &amp; Physicians</li> <li>Hospitals and ERs</li> <li>Markets</li> <li>School districts</li> <li>Meals on Wheels/Mana</li> <li>Childcare providers</li> <li>Phone books</li> <li>Safeway bags</li> <li>Bus stops/taxi's</li> <li>Newspapers, Pueblo, Moonshine</li> <li>Radio Lazar, KTHO, 106.9</li> <li>Hairdressers</li> <li>Bartenders</li> <li>Dealers @ casinos</li> <li>School bus drivers</li> <li>Break rooms at work</li> <li>Peer programs</li> </ul>
2	<ul style="list-style-type: none"> <li>Age 14-18 Latinos</li> <li>Who believe there are future opportunities</li> </ul>	<ul style="list-style-type: none"> <li>Exercise</li> <li>Pastor</li> <li>Friends and Family</li> <li>Professional with special knowledge</li> <li>Family or the outdoors</li> </ul>	<ul style="list-style-type: none"> <li>Recreational scholarships for sports, arts, etc. Activity card for residents, or everyone who qualifies gets \$500/year for healthy activities.</li> <li>Adults mentoring adults &amp; teens</li> <li>Increase faith involvement</li> </ul>	
3	<ul style="list-style-type: none"> <li>18-24 Latino Males</li> <li>Who have few opportunities for education, careers, etc.</li> </ul>	<ul style="list-style-type: none"> <li>Exercise</li> <li>Friends &amp; professional peers</li> </ul>	<ul style="list-style-type: none"> <li>Adults mentoring adults &amp; teens</li> <li>Increase faith involvement</li> </ul>	
4	<ul style="list-style-type: none"> <li>Latinos who:                             <ul style="list-style-type: none"> <li>Isolated</li> <li>Experience cultural differences</li> <li>Undocumented</li> <li>No medical insurance</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Friends &amp; professional peers</li> <li>Pastor</li> </ul>	<ul style="list-style-type: none"> <li>Locals line at Safeway for holiday weekends</li> <li>Increase locals' discounts</li> <li>Community BBQ or potlucks for events</li> <li>Adults mentoring adults &amp; teens</li> <li>Multi-cultural festivals</li> <li>Increase faith involvement</li> </ul>	
5	<ul style="list-style-type: none"> <li>Middle Schoolers</li> <li>Developing insecurities</li> <li>Have family members who abuse alcohol or</li> </ul>	<ul style="list-style-type: none"> <li>Pet therapy</li> </ul>	<ul style="list-style-type: none"> <li>Increase the number of after school &amp; summer programs for kids</li> <li>Older kids mentoring younger kids</li> <li>Increase faith involvement</li> </ul>	

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