



Campaign for Community Wellness

Prevention and Early Intervention

Children and Youth Workgroup

Meeting minutes, 2.29.08

Happy Leap Year!

Facilitated by: Lauren O'Brien, Streamline Consulting Group, and Tad Kitada, Placer County Office of Education k-12

Attendees: Deb Martin, Richard Knecht, Diane Shively, Melinda Kall, Emilio Vaca, Elisa Herrera, Sonia Samaniego, Cindy Brundage, Christina Nicholson, Kirsten Blivak

Agenda

- Welcome
- Review Process per PEI guidelines
- Where we are
- Prioritization

Announcement: Cindy: Board has approved transitional housing program, so, for the foreseeable future, we'll have services and housing for young people!

I. Overview of PEI

- Guiding principles of PEI
- Outcomes per guidelines
- What conditions are we trying to achieve?
 - Help youth
 - Create empowerment
 - Parent ed

II. Our Progress to Date:

- Targeting Children and Youth who are:
 - At risk of school failure
 - Stressed families
 - At-risk juvenile justice
- Age Groups:
 - 0-3 yrs.
 - k-3rd grade
 - 7-8th grade
 - TAY
- Prevention Strategies:
 - Parenting education
 - Enrichment
 - Social Skill Development
 - Peer Support
 - All Culturally Competent and Youth-Led (when applicable)



III. Prioritizing Outcomes

The Team reviewed the outcomes as indicated in PEI State Guidelines. The group added Improve Family Function, Reduce Substance Abuse and Reduce Disparities based on much discussion.

PEI Outcomes – REDUCE:

- **School failure**
- Prolonged suffering
- **Incarceration**
- Removal from homes
- Suicide
- Homelessness
- Unemployment
- **Substance abuse (drug, alcohol, tobacco)**
- **Disparities** (in health, access, etc.)
- **Improve family function**

The group was asked to prioritize the outcomes. Those in the bold underline above were the agreed upon top outcomes.

II. Prioritizing Strategies

It was suggested that perhaps the 4 strategies could be narrowed down to a blend of two since many of the suggested programs mentioned in the prior meetings overlapped across strategies. The two strategies recommended were as follows:

- Parenting Education (Targeting 4 at-risk age groups 0-3, k-3, 7th & 8th, TAY)
 - Pro-social and skill based
 - Peer support
- Enrichment (Targeting 7th & 8th and TAY)
 - After school
 - During school
 - Pro-social
 - Peer based
 - Transition-aged youth
- All culturally competent and youth-led

III. Possible Programs to Support the above 2 strategies:

a. Parenting Programs

- Positive Indian Parenting (ALL – can be tailored)
- Promotoras (Raices, Training, locus) (ALL)
- Parents as Teachers (0-3 yrs. Old)
- Incredible Years (0-12 yrs. Old – merges with ATP)
- Triple P (0-12 years old)



- Familias Unidas (ALL)
- Parent Project (7th and 8th TAY)
- Adolescent Transition Program (7th and 8th TAY)
- ~~Active Parenting (not recommended)~~
- PCIT
- FAST
- GONA – Gathering of Native Americans
- Family Effectiveness Training

b. Enrichment Programs

- Recreational therapy
- Service learning
- SAP (student assistance programs)
- 2nd step
- Girls Circle (Lincoln, Roseville)
- Reach Back
- I Can Problem Solve
- Teaching pro-social skills
- Cultural Arts (Indian ed)
- Arts and Music Ed
- TIP
- Others mentioned that were not mapped to other strategies that we did not prioritize: Mentoring (big Bro big Sis), Peer counselors, Physical Ed (Lords gym)

IV. **Suggested Additional Criteria to select Programs** (other than evidence, cost, outcomes and leverage)

- Map to guiding principles and outcomes
- Culturally competent
- Youth-empowerment
- Youth development focused