

**Placer County Prevention and Early Intervention
Tahoe Group Meeting Notes
3/14/08
Placer County HHS**

Identified Population

Youth (10-18) and their Families
General population

Strategies

Universal Campaign on suicide/depression, social marketing
 Include promotoras
 If signs, what to do and where to go, components of where to go (options)
Selective to youth and their families; outcome- school failure

Programs

Student Assistant Programs (River)
Nurtured Heart (Barbara) – universal strategy
Mexican American Legal Education (Sylvia)
ARC and other Outdoor Programs (Stephanie/River)
Suicide Prevention Network (Karen): Program in schools, mentors

Desired Components in Evidence Based Programs

Leadership Building
Mentoring
Healthy Relationships
Asset Based, Youth Led
Self Esteem/ Confidence
Apprenticeship (school to work)
School Success:
 Less Truancy, Less Fights, Up GPA and Study Habits, Connectedness,
 Participation, Graduation
Scholarships

Locations

Schools (including charter, sierra HS, etc)
FRC
Churches, Youth Group Leaders
Primary Care Physicians
All of Tahoe (Placer County)
Squaw Institute

Outcomes:

School Failure
 Self Esteem Building
 Hope