

Prevention and Early Intervention  
Consumer Surveys

	Responses	Percent of total
1) When do you first remember the onset of having mental health issues?		
Under 5 years old	2	4.5%
Between 6-10 years old	6	13.6%
Between 11-15 years old	7	15.9%
Between 16-19 years old	9	20.5%
Between 20-30 years old	10	22.7%
Between 31-40 years old	7	15.9%
After 40 years old	0	0.0%
After 50 years old	0	0.0%
After 60+ years old	2	4.5%

2) When you first experienced your first symptoms of mental illness, where did you first reach out or seek help?

		0.0%
Parents	8	18.2%
Extended family	4	9.1%
Friends	5	11.4%
School	4	9.1%
Church or other group	4	9.1%
Social Services	9	20.5%
Private doctor	10	22.7%
Other person or place:		
	Nowhere	
	Alcohol	
	Mental Illness here	
	Sierra Family Services	
	Not applicable	
	VA	
	Other	
	Other	
	Hospital	

C.Y.A. Preston C.Y.A.  
Placer Mental Health has saved my life!