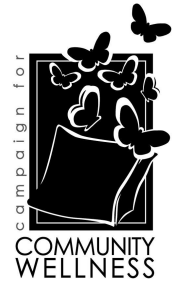


Campaign for Community Wellness
Steering Committee Meeting
Friday, January 25, 2008



Meeting Minutes

Facilitator: Lauren O'Brien, Streamline Consulting Group

Attendees: Katie Carlson, Beverly Gable, Christina Nicholson, Anno Nakai, Deb Martin, John Berger, Nicole Laubach, Eric Branson, David McManus, Karen Carey, Laurie Martin, Randall Montgomery, Gordon Armstrong, Debby Lum, Elaine Rowen,

I. Welcome – all participants welcome.

II. Agenda

- Welcome & thank you
- Consumer Voice
- Public Comment
- Update: Workforce, Education & Training and Housing
- Prevention Process Update
 - Where we are
- Work Group Sessions
 - (2 hours)

III. Consumer Voice

Stephen Surgener announced that he has started the Placer County Mental Health Collective. He is a recent consumer to Placer County and wants to help reduce the stigma around mental illness. The collective is designed to increase member activity and inform members about the issues of mental illness so that folks can share their experiences, lessons learned, etc. The website can be found at placermmentalhealth.collectivex.com. There is also a link on the www.campaignforcommunitywellness.org website.

IV. Public Comment

- Comments welcome
- 3 minutes per comment

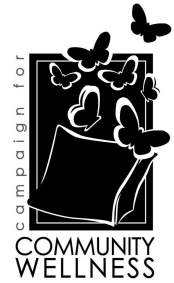
Maureen Bauman: We approved expanding the Adult FSP in 2007. Wanted to update everyone that an RFP has been sent to the community for this expansion and that we have received 5-6 bidders for this service. The interested parties are quite diverse with some local, San Diego, Bay Area and other service providers. We are very excited about the response so far and will keep you posted as we move forward.

V. Updates

a. Workforce Education Training (WET) Update

- Amy Ellis program coordinator:

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- \$500K one-time over 10 years:
- Workforce safety
- Training and technical assistance
- Career development
- Residency/internships
- Financial

Currently identifying needs of community:

- More competent workforce
- More consumers in workforce

1st meeting is Monday, 1/28, 1-3pm at ASOC Administration Building
Can present to the individual councils if requested.

WET Timeline

- Survey about to start (surveymonkey)
 - Assess needs
 - Demographics
 - Qualitative Data
 - Plan Draft by end of March/April
- Outreach will be more than survey
 - Focus groups, steering committee, numerous as we can

Maureen: Steering Committee will review WET Plan

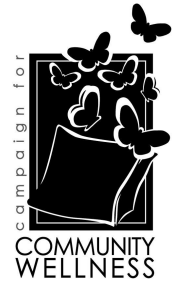
Laurie Martin: What's Tahoe's representation and inclusion in process?

Amy: I will call you, and you can call me. We want you to participate.

b. Housing Funds

- Kathy Denton, Housing Coordinator
- Development (\$75 Million in CA for Development)
- Funds to include: Acquisition, development, rehabilitation, capital costs
- Also funds to include:
 - Operating Costs (\$40 Million in CA for Operating)
 - Supportive Services
- Each County is to receive a portion of the total funds
- Permanent Supportive Housing Criteria:
 - Services are on site

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- Target: Adults, Older Adults, Transition Age Youth with Severe Mental Illness, Children & Youth with Severe Emotional Distress, who meet MHS Consumer Services and Supports criteria
- Residents of Placer County – homeless, or at-risk of homelessness
 - Definitions of these terms are defined by the State
 - Homeless: Living on the streets, lack of nighttime place, where no tenant rights exist, such as hotels, motels, etc.
 - At-risk persons:
 - Adults:
 - Transition Age Youth exiting Child Welfare System or Juvenile justice
 - Those discharged from:
 - Hospitals, psychiatric or (SNIFS)
 - Mental Health rehabilitation centers
 - Crisis transient resident services
 - County and City Jails
- Models
 - Shared and complex
 - Mixed housing
 - Group living or apartment complex

Debbie Martin comment: Are these plans to build new apartments or new residences?

Kathie Denton: Yes, that could be one of the plans

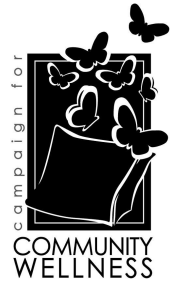
- Submitted a request for Letters of Intent to developers who have done affordable housing projects.
- Also sent letter to 250 non-profits serve the target populations
 - Variety of combinations of housing expected, all dedicated to our target market
 - Wait and see

Q: Is this Steering Committee going to oversee the process/results?

A: No, but a subcommittee workgroup that the Steering Committee approves of would work on this.

Q: What is the process for getting on the workgroup?

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- We expect dialogue at the moment to see who responds and the level of interest. This is just a Letter of Intent.

Kathie: We need to cultivate Placer County's process. We have been granted \$2.3 million, \$700k for rent and subsidies.

VI. Prevention and Early Intervention (PEI) Planning Review

Where we are: see process slide

What we want to make clear:

- When we set up workgroups; yes, we would work with specific populations (we are doing that)

Anno Nakai: Tahoe, Latino Leadership Council, Native Network all have a workgroup, we do not want our programs thrown into a melting pot. Check-in calls we like, need to get some of this stuff on paper. Want to make sure work groups can submit their own plan; our \$\$, budget, and process.

Maureen Bauman: I agree but not with the budget piece. We need to decide as a group on how those dollars are allocated and prioritized.

In writing we are capturing the following to add clarity to the process:

- All programs will not be thrown into a melting pot at the beginning
- Each workgroup will have the ability to present their plans (with budget dollars) to the Steering Committee.
- The Steering committee will need to make initial prioritization of all programs to stay in line with total budget dollars.
- So, in that sense, all programs will be evaluated together at that time.

PEI Review (continued)

Classification of Prevention Strategies

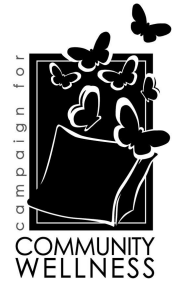
- A *universal* preventive intervention is applicable or useful for everyone in the general population.
- A *selective* preventive intervention is targeted at individuals or subgroups whose risk of developing mental health problems is significantly higher than average.

Classification of Prevention Intervention

- An *indicated* preventive intervention is aimed at individuals who have some symptoms of mental health problems but whose symptoms are not yet severe or prolonged enough to meet diagnostic criteria.

Placer PEI Focus Areas

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Community Needs

- **Disparities in access**
- Psycho-social impact of trauma
- At-risk children, youth, and young adult
- Stigma and discrimination
- **Suicide risk**

Priority Populations

- Trauma exposed individuals
- First onset
- **Children, youth, stressed families**
- **Children, youth, school failure**
- **Children, youth, juvenile justice**

Defined Work groups:

- Latino
- Native American
- Tahoe
- Children & Youth (Stressed families, juvenile justice, school failure)
- Depression/suicide
- Disparities in Access

Comment: Take out that slide (workgroup), it's misleading. There is no "disparities in access" group. The Latino, Native American and Tahoe groups will represent this area.

- 5 dedicated workgroups will be now incorporated.

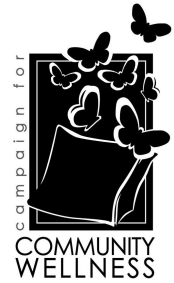
Christina Nicholson: I have a bigger process question. My interpretation is that there were some community meetings designed to get information on needs of community. As a part of the process, some of the community meetings were not well attended. I know SAMSHA is testing community voice and getting community feedback. Also, I realize the Native Network, Tahoe, Latino Leadership Council are all getting feedback. For me, I'm not exactly sure where the needs go – does feedback go to workgroup?

Seana (facilitator) reiterates: Is there time to include more information to inform the program recommendations? Yes.

- Get more info: Tahoe, Latino Leadership Council, Children & Youth

Maureen Bauman: We are hoping the Workgroups get more granular feedback as they need it. It could be that we get needs that don't fit the parameters (guidelines). However, that is

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input that is still important. We will need to prioritize in the end, as there is not enough money to fund the entire needs of our community.

Gordon: I suggest matching funds.

Seana (facilitator): Let's be creative to attract other funding. You actually have that category (leverage) on your worksheet.

Richard Knecht: This is taking place at the fiscal planning level and the community level.

Seana: Wouldn't it be nice to get 2x matching funds?

Lynn Tarrant: It's a requirement of MHSA to leverage.

Seana: Review PEI Process slide

- We will probably end up with more than we can fund

Q: Do you have a list of who is in the workgroups?

- Yes we have a roster

Q: Would it be possible to have a spokesperson at the staff meetings (after initial Steering prioritization)?

- Chairs of the current workgroups could be at the staff review meetings as part of the process.
- Yes. That can be incorporated. Good idea.

Q: What are options if we don't have a plan in place by Feb.?

- We will have to wait until we do.

Q: Will budgets be included in options to Steering Committee?

- Yes

Feel free to join a workgroup, but know that if you join, it is 2-3x more commitment. The Steering portion of this meeting is now over and we will move into our workgroup planning sessions.